AQUARIAN ALCHEMY · THE ETHER ELEMENT

# ANATOMY OF A DREAM CONVERSATION

Two-way contact with a dreamer is real. Most of the time, the answer is silence.

1

**The open channel**

During REM sleep, the body's muscles are relaxed, but the eyes can still move. Trained lucid dreamers agreed to answer by moving their eyes left and right a set number of times.

2

**The question**

Researchers spoke simple math problems, such as “eight minus six,” or used light flashes, taps and tones.

3

**The answers**

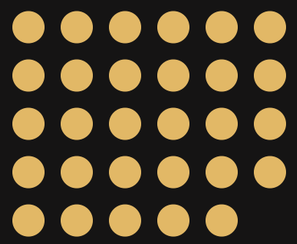
158 attempts. Every one is shown below, grouped by outcome.

4

**Who answered**

36 people took part. Correct answers came from 6 of them.

**29**
**CORRECT ANSWER**
18% of 158



**5**
**INCORRECT ANSWER**
3% of 158



**28**
**UNCLEAR ANSWER**
18% of 158



**96**
**NO ANSWER**
61% of 158



One cell per question (158). Shapes: filled dot = correct, cross = incorrect, triangle = unclear, open ring = no answer.

**WHAT THIS DOES NOT SHOW** Mind reading, full conversations, or that anyone can do it.

SOURCE

Konkoly et al. (2021), Current Biology: real-time dialogue with dreamers in REM sleep. Counts as published; drawn by Aquarian Alchemy, not copied from the paper.

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